



Flywheel

Description of materials	Welded, blasted and galvanised (or metallised) metal construction, with epoxy coating.
Function	Increases mobility in the shoulder, elbow and wrists joints, as well as in the intervertebral joints (mainly where the neck joins the upper back). Improves shoulder muscle coordination.
Usage	Take hold of the wheels and rotate in both directions.

Type	OFS100513
Dim.	130 x 105 x 125 cm
Space	280 x 255 cm
Montage	50 x 50 x 70 cm, must be secured in position with concrete.
Weight	50 kg
Volume	0,8 m ³



Each piece of equipment has a specific sticker, detailing how to use the equipment in pictogram form and with a warning against improper use (size of the user).

